



# Easy Peanut Butter Cookies

## PREP TIME

10 min

## TOTAL TIME

25 min

## Nutrition Information Per Serving

Makes 15 servings

### FAT

9g

### PROTEIN

4g

### CARBS

10g

### CALORIES

107

*Nutrition information based on erythritol.*

## Ingredients

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1 cup peanut butter

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1 egg

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½ cup erythritol or xylitol

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## Instructions

1. Preheat oven to 350 degrees. Line a baking sheet with parchment paper.
2. Combine all ingredients in a mixing bowl and mix until combined.
3. Roll out 15 one-inch sized cookies and place on lined baking sheet.
4. Press down on the tops of cookies with a fork.

5. Bake for 10-13 minutes.
6. Let cool and serve. Store leftovers in a covered container to prevent drying out.

**Pro Tip:**

Try a twist, using almond butter instead!

*Adapted from Tasteaholics.*